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Episode 4# The Anatomy of Primal Play,

Darryl Edwards, The Fitness Explorer Unleashed

Connect with The Fitness Explorer

Website: <http://www.thefitnessexplorer.com/>

The Paleo Documentary

We Love Paleo documentary: <http://bit.ly/WeLovePaleo>

Health Unplugged UK Conference: <http://www.healthunplugged.co.uk/>

Others ways to connect with the Fitness Explorer and Resources

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